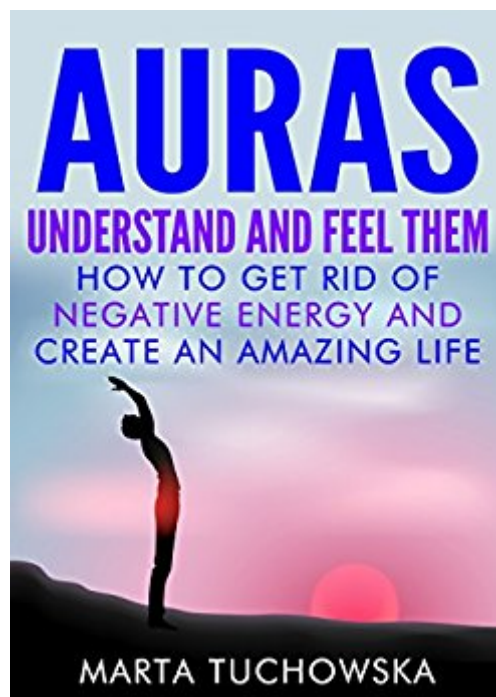


The book was found

AURAS: Understand And Feel Them- How To Get Rid Of Negative Energy And Create An Amazing Life (Auras, Chakras, Mindfulness, Healing Book 4)



Synopsis

Auras- Understand Your Energy, Achieve Spiritual Wellness and Take Your Health to a Whole New Level! You are about to explore the ABC of real holistic self-care and the best natural coffee for your soul! Everyone is different and everyone is trying to find happiness and fulfillment in their own way. Taking care of your body and mind (nutrition, fitness, diets, coaching) is utterly important but if you want to get better results, you need to work on your soul and inner energy. Dig deep. This is not always easy. It can be painful to begin with. Maybe your emotional and spiritual muscles got hurt at some point? The good news is that we can do a physiotherapy and massage for the soul. Yes, for your beautiful soul. By taking care of your internal energy, you will create vibrant health as well as mental and emotional wellbeing. Auras: Understand and Feel Them • Will Help You:- Achieve holistic relaxation- Purify your energy field- Overcome obstacles- Create a positive attitude and more zest for life- Balance your chakras- Deal with difficult and negative people- Create a body and mind connection- Learn how to use natural therapies like meditation, aromatherapy, visualizations and crystals to get rid of negative energies around you- Understand the connection between auras, the Law of Attraction and your inner energy Our own internal energy flow has to be functioning at its best. It has to be free flowing and clean. This is the one thing we have control over entirely. This is where the answer to our problems usually lies. We have the ability to cleanse our aura and allow our energy to flow freely throughout our spiritual body. Bad energy needs to be pushed out and blockages must be cleared. Some of those negative things are internal and some are external. Either way, you have the ability to fix it and you are just about to discover how to do it in an easy, practical and fun way! Let the journey begin... happy HEALING!

Book Information

File Size: 2029 KB

Print Length: 96 pages

Simultaneous Device Usage: Unlimited

Publication Date: May 22, 2015

Sold by: Â Digital Services LLC

Language: English

ASIN: B00Y5IBN7W

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #365,078 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #92

inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > New Age > Divination > Crystals #121

inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Holistic

#242 inÂ Books > Religion & Spirituality > New Age & Spirituality > Divination > Crystals

Customer Reviews

This is a great step to learn about auras and how it can be beneficial if being practice often. I feel great the moment I start reading this book because I feel every ideas being discussed and how it can get rid of the negative energy and replace it with positive one. Auras cannot be seen but one thing I have learned in this book is that even it cannot be seen, with proper concentration and training will lead to great focus where one can feel it flowing inside the body and control it the way we want.

I don't know much about the subject before reading this book. After hearing my yoga teacher mentions chakras and auras week after week, I finally decided to learn a little more, so I got this book. The book basically talks about the energy that we give off have direct affect on our life. And how cleansing our auras will enhance our positive energy. Very fascinating subject and very beginner friendly too.

I have been looking for this kind of book for releasing negative energy in your body and replace it with the new and revitalizing auras that will change your body, mind and soul in a more postive way of life. This book has an over all approach when in comes to achieving positivity in life.

Your book opened my eyes and helped me realize that I identify as a holistic person. I read this book in about 3 hours and feel so enlightened .I am no longer confused about my identity when it comes to being spiritual your book is helping me kick start my spiritual journey and I cant wait to read your other books . Thank you

I may say great book to read before we start the week because this book can cleanse and boost our energy to face better the start of our week, the MONDAY HABIT. I hate Mondays, and I never seen any beautiful auras throughout the day. And with the help of this book, I tend to realize and learn so

many things that can really help me take out the negative energy or bad vibes on me and cleanse my aura to face Mondays a much more better!

[Download to continue reading...](#)

AURAS: Understand and Feel Them- How to Get Rid of Negative Energy and Create an Amazing Life (Auras, Chakras, Mindfulness, Healing Book 4) Negative Calorie Diet: Calorie Zero to Size Zero!: (Negative Calorie, Negative Calorie Diet, The Negative Calorie Diet, Negative Calorie Foods, Negative Calorie ... in a week, the negative calorie diet book) CHAKRAS: Chakras For Beginners - How to Awaken And Balance Chakras, Radiate Positive Energy And Heal Yourself (FREE Bonus Included) (Chakras, Chakras For Beginners, Awaken Chakras, Third Eye) CHAKRAS: Chakras for Beginners - Awaken Your Internal Energy and Learn to Radiate Positive Energy and Start Healing (Chakras, Chakras For Beginners, Mudras, Third Eye) CHAKRAS: Chakras For Beginners - How to Awaken And Balance Chakras, Radiate Positive Energy And Heal Yourself (Chakras For Beginners, Hinduism, Buddhism, Meditation) Chakras: Awaken Your Internal Energy - Balance Chakras, Radiate Energy and Healing Through Meditation (Chakras, Spirituality, Serenity) Chakras: The Ultimate Guide to Chakra Meditation. Learn How to Meditate and How to Open Your 7 Chakras (chakras, chakra healing, 7 chakras) Reiki: The Ultimate Guide: The Definitive Guide: Improve Health, Increase Energy and Feel Amazing with Reiki Healing (reiki, reiki healing, chakras, energy ... techniques, aura, reiki for beginners) How To Get Rid Of Lice: Discover How To Get Rid Of Head Lice, Useful Home Remedies For Lice And Which Lice Treatment You Should Choose For Getting Rid Of Lice! Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) REIKI: From Beginner to Expert - Energy Healing Double Book Bundle (+Bonus!) - Ultimate Guide to Reiki Healing & Chakra Healing (Energy Healing, Chakras ... Beginners, Reiki Symbols, Chakra Balancing) Auras: Master the Art of Sensing, Seeing, and Knowing the Human Aura (Auras, Human Aura, Astral Colors, Thought Forms, Chakras) CHAKRAS: Chakras for Beginners: How to Balance Your Chakras, Radiate Energy and Heal Yourself Chakras: Awaken Your Internal Energy - Balance Chakras, Radiate Energy and Healing Through Meditation Mudras for Awakening Chakras: 19 Simple Hand Gestures for Awakening and Balancing Your Chakras: [A Beginner's Guide to Opening and Balancing Your Chakras] (Mudra Healing Book 3) Chakras: Chakras for Beginners, Learn to Balance Your Chakras, Heal Yourself and Attain Inner Peace (Spiritual Journey Book 3) Homemade Repellents: 31 Organic Repellents and Natural Home Remedies to Get Rid of Bugs, Prevent Bug Bites, and Heal Bee Stings (Homemade Repellents, Natural ... Homesteading, How to Get Rid of Bed Bugs) Mindfulness:

Achieve Inner Peace And Harmony With Mindfulness And Meditation - Live Life Without Stress And Anxiety (Mindfulness, Meditation, Buddhism, Yoga, Enlightenment Book 1) The Women's Book of Healing: Auras, Chakras, Laying On of Hands, Crystals, Gemstones, and Colors BUDDHISM: Buddhism for Beginners: A Practical Guide to Spiritual Enlightenment (buddhism for beginners, zen, chakras, reiki, energy healing, spiritual awakening, mindfulness)

[Dmca](#)